



EMT Obstetrics and Pediatrics Exam Study Guide

Know the Facts

In preparation for this exam, please be sure that you have reviewed the following information provided by your textbook:

- Anatomy and Physiology
- Pathophysiology
- Medical terms listed in each chapter
- Glossary words
- Conditions listed in the index

Understand the Concepts

We especially recommend you understand the following concepts and terminology:

1. Supine Hypotensive Syndrome
2. Pediatric Assessment Triangle (PAT)
3. Complications from spinal immobilization
4. Anatomical differences in pediatrics
5. Indications for suctioning a newborn
6. Expected anatomical physiological changes for each trimester
7. Dysfunctional bleeding in a pregnant patient
8. Signs and symptoms of meningitis
9. Pathophysiology of a febrile seizure
10. Stages of delivery
11. Signs and symptoms of abruptio placenta and placenta previa

Perform the Skills

Finally, be sure you know how to:

1. Calculate percent of body surface area burns for a pediatric patient
2. Recognize a respiratory emergency
3. Treat a respiratory emergency
4. Assist in an abnormal delivery (including, but not limited to, breech and nuchal cord)
5. Differentiate between preeclampsia and eclampsia
6. Evaluate cardiac arrest situations for the pediatric population
7. Evaluate for inadequate respiratory and ventilation patterns
8. Treat a female with supine hypotensive syndrome
9. Recognize an ectopic pregnancy
10. Evaluate between upper and lower airway emergencies
11. Treat a child with a febrile seizure

For tips on how to take a FISDAP exam, see the document entitled “How to Succeed on a FISDAP Exam.”
You can find it in the student Help section of our website at www.fisdap.net